

## Terra Linda Elementary Student Wellness Plan 2026-27

**Our school's mission is to:** Terra Linda students develop passion and perseverance to unlock their full potential.

This plan supports this mission by teaching students the skills needed to persevere not only in school but life.

This supports their well being by teaching them skills to handle life issues and challenges that life/school bring.

## Student Wellness & Prevention Plan

### Prevention Overview:

Research shows that addressing behavior and wellness concerns before they occur is much more effective than trying to stop them after they start. These proactive efforts are our primary prevention strategies. These strategies focus on the root causes, like enhancing protective factors and decreasing risk factors, strengthen well-being and help students build resilience to thrive. They act as buffers against risk and promote resilience, healthy development, and positive outcomes. Risk factors are conditions that increase the likelihood of academic, behavioral, or mental health difficulties. Our school supports student development of Utah State Board of Education's five protective factors represented by the graphic below; more information about these protective factors can be found using [this link](#).



Our school supports student wellness by prioritizing primary prevention practices that are centered on building protective factors and promoting positive, intentional social, emotional, academic, and behavioral development for all students. This prevention plan includes universal strategies (for all students) as well as targeted strategies (for small groups or a few students) for each section below.

### Student Engagement & Attendance:

Our school believes that attendance directly impacts academic achievement, social development, and future success. Attendance also reflects a student's sense of belonging. Some of the efforts our school prioritizes to encourage student engagement and promote attendance are listed below:

- Our school uses Panorama early warning system to identify students who may be at risk of disengagement or absenteeism, which allows us to proactively support students in feeling connected and engaged at school.
- Our school staff cares about our students and is committed to getting to know them to help them feel a sense of belonging.
- Our school creates frequent opportunities for students to connect with each other, build friendships, and feel a sense of belonging with their peers during class, at recess and lunch, and throughout their day.
- Our school staff monitors attendance using the District dashboard and notifies parents of absences.
- Our school celebrates students with 100% attendance every month by recognizing them with a shout out and a 100% Ribbon and gift card.
- Our school is committed to acknowledge students when they come to school late. We focus on welcoming them instead of shaming them for being late.

### **Social, Emotional, and Behavioral Well-Being:**

Our school prioritizes prevention by offering support and services to our students and their families. Some of our everyday efforts, including the systems and strategies for supporting our students, are listed below:

At Terra Linda we implement a school wide behavior system (PAWS) with a beginning of the year whole school implementation.

- P = Positivity
- A = Accountability
- W = Work Hard
- S = Safety

School wide learning day, to reinforce procedures, behavior and expectations ● School wide classroom recognition ● School wide substitute PAWS award ● Terra Linda Fiestas: for those that have shown great behavior each quarter ● Student of the month for those that have shown "PAWS" behavior ● We have student council, social skills as part of our rotations, Grade level buddies, Proactive Prevention, DARE in 5th grade, Exposure to ASC, monthly birthday celebration. ● Educate students on how to resolve issues by using Stop, Walk, and Talk, KYHFOOTY, and restorative practice. ● We have a "welcome group" led by our student council for incoming new students. ● We have also added a student council to our outside supervision to support our school rules and procedures for before and after school.

- At Terra Linda we focus on social emotional learning by providing an In Focus SEL curriculum every two weeks. Students from Kinder-Sixth grade, including our Autism Support Classrooms receive a direct tier 1 SEL instruction.
- At Terra Linda we also provide our students with small skill building groups. Both our counselor and school psychologist provide lessons and tools to students that focus on specific skills.
- At Terra Linda we have a MTSS team that attends district training, meets often at school, and provides bite size PD to teachers about our school wide behavior system, student relationships, and overall Terra Linda culture.

- Our school provides access to District mental health and support resources through Student Services, which includes the Jordan Family Education Center and Mental Health Access Program.
- Our school provides access to academic support with District departments to support the success of every student.
- Our school's mental health and student support providers (school counselors, school psychologists, clinical support, etc.) are trained and supported by District administration to follow current best practices in prevention and intervention efforts.
- Our school intervenes with early warning, content monitoring, and anonymous reporting tools with support from District specialists to identify and support students who may be at risk.
- Our school provides access to parent and family resources including a District partnership with the Cook Center for Human Connection's Parent Mental Health Series platform which is shared with parents monthly through Parent Square and District web content.
- At Terra Linda we have a full time McKinney Vento staff that provides support for our students and families.
- We have at least 3 community events, and this year have added a monthly parent/ community event.

## **Suicide Prevention**

- Our school's mental health providers and administrators are trained on and review District suicide risk intervention guidelines annually with support from Jordan District's Student Services Team.
- At Terra Linda we have our staff take their crucial concerns and our teachers have to take a suicide prevention course when they relicense.
- All of our District's staff participate in an annual crucial concerns training to maintain employment in the District, which covers topics such as suicide, bullying, and violence prevention.
- Students identified who may be at risk of suicide receive interventions and support in partnership with their parents and guardians, appropriate to their individual needs. This may include a screening interview, parent/guardian collaboration, a safety plan, mental health recommendations/referrals (Jordan Family Education Center, Mental Health Access Program, etc.), a re-entry meeting, and regular follow-up.
- Our school prioritizes early intervention and utilizes several District supported tools to support student wellness when needed. These tools include content monitoring on student's school accounts to respond to concerning content, SafeUT anonymous reporting for students to express concerns, and early warning data system through Panorama.
- At Terra Linda we offer a wellness room and a low sensory room for students to take breaks if needed.
- At Terra Linda we have a calm area in every classroom, a wellness room, and a low sensory room.
- At Terra Linda we have a wellness rep for our staff. He provides resources and is the go to person for our teachers and staff.

## **Bullying Prevention**

- At Terra Linda we have a school wide behavior plan PAWS. With PAWS we teach taking accountability for their own behavior and how they treat others. We teach students to be kind and respectful. At Terra Linda students know they need to be respectful and deserve respect.
- Our school team proactively reviews relevant data on school climate, safety, and bullying by identifying vulnerable populations (e.g., racial and ethnic groups, LGBTQ youth, students with disabilities) and specific spaces where bullying may be likely to plan support accordingly.
- Our school's staff is trained on school procedures for recognizing, reporting (SafeUT, content monitoring, etc.), and responding to bullying incidents.
- All of our District's staff participate in an annual crucial concerns training to maintain employment in the District which covers topics such as suicide, bullying, and violence prevention.
- Students involved in incidents of bullying as targets, aggressors, or witnesses receive support for their individual needs which may include suicide risk assessments, counseling and mental health services, Functional Behavior Assessment (FBA), Behavior Intervention Plan (BIP), a student wellness plan and/or parent/guardian contact—recognizing that targets, aggressors, and witnesses of bullying are more susceptible to school issues.
- Our school's administrators have been trained on Bullying Action Planning through the District Wellness Team and continue to implement best practices in bullying intervention, with the overall goal of prevention.
- Our school prioritizes early intervention and utilizes several District supported tools to support student wellness when needed such as content monitoring on student's school accounts to respond to concerning content, SafeUT anonymous reporting for students to express concerns, and early warning data system through Panorama.
- Students at Terra Linda are taught to report incidents to a trusted adult. They are taught that they have more than one trusted adult to talk to about bullying.
- At Terra Linda we focus on social emotional learning by providing an In Focus SEL curriculum every two weeks. Students from Kinder-Sixth grade, including our Autism Support Classrooms receive a direct tier 1 SEL instruction.
- At Terra Linda we also provide our students with small skill building groups. Both our counselor and school psychologist provide lessons and tools to students that focus on specific skills.
- At Terra Linda we teach students how to stop, walk and talk.

## **Violence Prevention Plan**

- Our school's administrators are trained on the Comprehensive School Threat Assessment Guidelines (C-STAG). Admin has a protocol and procedure that follows our C-STAG.
- Our school has a process for timely response to school threats using Comprehensive School Threat Assessment Guidelines (C-STAG) and its decision tree. This includes warning potential victims and their parents/guardians.
- Our school's staff and students are aware of school procedures for recognizing and reporting (SafeUT, content monitoring etc.) threats of violence.
- Students who are affected by or who make threats of violence receive interventions that proactively support students by building skills, meeting needs, and problem solving that aligns with the school's universal strategies. Students receive support appropriate to their individual needs which may include

problem-solving, interviews, suicide risk assessments, Functional Behavior Assessment (FBA), Restorative Conferencing, Mediation, a Behavior Intervention Plan (BIP), counseling and mental health services, a student wellness plan and/or parent/guardian contact.

- Our school prioritizes early intervention and utilizes several District supported tools to support student wellness when needed: content monitoring on student's school accounts to respond to concerning content, SafeUT anonymous reporting for students to express concerns, and early warning data system through Panorama.
- All of our District's staff participate in an annual crucial concerns training to maintain employment in the District which covers topics such as suicide, bullying, and violence prevention.
- At Terra Linda we focus on social emotional learning by providing an In Focus SEL curriculum every two weeks. Students from Kinder-Sixth grade, including our Autism Support Classrooms receive a direct tier 1 SEL instruction.
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- Terra Linda students are taught that weapons are not allowed at school.

Please contact our administration for questions regarding our plan.